



**Elite**  
**High School Prep**  
**Boys Basketball Camp**

***LIMITED TO 20 PLAYERS***

**MAY 21-22**

**@ Monroe Catholic HS**

**Grades 8-9**

**(2021-22 School Year)**

**Contact Coach Ostanik  
907-322-9043/coachostanik@hotmail.com**



# Camp Directors

## Coach Ostanik



Coach Ostanik brings 28 years of coaching experience to the court, including 11 years at the collegiate level. As former UAF head coach, Coach O led the Nanooks to an NCAA Sweet Sixteen and GNAC Championship in 2005. In 2006-07 he was voted the "GNAC Coach of the Year" and his three-year record of 55-32 still ranks as the highest winning percentage in UAF school history. As head coach at Monroe Catholic, Coach O has compiled a 311-62 record while helping lead the Rams to four state championships.

Coach Ostanik created the Alaska Basketball Academy (ABA) as a means to conduct low-cost basketball camps throughout the state. Coach Ostanik is a well sought after clinician and teacher of the fundamentals of basketball.

*"It is our goal at the Alaska Basketball Academy to ensure that every child learns how to play the game of basketball and develops a love of the game they will carry with them through their life."*

-- Coach  
Ostanik

## Jalon McCullough



Jalon graduated from Monroe Catholic in 2015, after playing a key role in three state championships.

Following high school, Jalon played at Peninsula College before starring at the University of Alaska. Jalon created I Hoop Academy as a means of teaching the game he loves.

Jalon's understanding of what it takes to be a special player, combined with his unique ability to connect with boys and girls of all ages has helped him become one of Alaska's foremost trainers and teachers of the game of basketball.

# **Alaska Basketball Academy**

## ***Why should your son attend the ABA Elite Camp?***

The Elite Camp will offer boys entering grades 8 & 9 an opportunity to fully understand the intensity of the high school level. This camp will provide 10 hours of instruction through four, 2.5 hour sessions. Each session will be run with the same energy, intensity, attention to detail and competitiveness as a high quality high school practice. The primary focus is to help younger players understand what playing high school varisty basketball is like.

## ***Who Should Attend The ABA Elite Camp?***

This camp is designed for basketball players who have a great deal of experience and take the game and their future seriously.

This is not a camp for beginners. The standards and expectations of this camp will be set very high, challenging all who attend.

## ***What Skills Will The ABA Elite Camp Focus On?***

While there will be a focus on skill development, this camp will focus on team concepts as well. These concepts include transition offense & defense, defending as a team in the half court, and executing basic offensive concepts in the half court. These concepts will be taught through on court instruction AND the use of video. In addition, skills such as playing hard, being coachable, and being a great teammate will be addressed at a high level.

## ***Camp Schedule***

Friday, May 21      10am - 12:30 & 2:30 - 5pm

Saturday, May 22    10am - 12:30 & 2:30 - 5pm

## ***Camp Cost***

**\$210 for non CSF Students**

**\$185 for Current CSF Students**

***(Limited To 20 Players)***

Those attending this camp will receive 10 hours of intensive, instruction both on the court and with video analysis.

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# **Registration Form**

**Name** \_\_\_\_\_

**Mailing Address** \_\_\_\_\_

\_\_\_\_\_

**City** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Grade in Fall 2021** \_\_\_\_\_

**Email** \_\_\_\_\_

**Emergency Contact #** \_\_\_\_\_

**Send completed application to Alaska Basketball Academy, 103 Chief Charlie Drive, Fairbanks, AK 99709.**

**A \$50 deposit must accompany this registration form.**

**Checks Payable To: Alaska Basketball Academy**