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A 501 (C) (3) TAX EXEMPT ORGANIZATION (92-0101376)

Interior Youth Basketball (IYB) is closely monitoring the COVID-19 situation. This plan will be amended as needed to best reflect new developments within our community and to comply with statewide mandates. This plan applies to everyone participating in IYB activities, including players, coaches, game officials, parents, spectators. IYB is concerned for the health and safety of all participants and family members and will therefore implement the following plan:

Health & Safety – Prevention

- If you suspect anyone to have COVID-19 symptoms, immediately notify your team's coach. Coaches should immediately notify the IYB Program Coordinator.
- <http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/symptoms.aspx>
- Symptoms include:
 - Fever
 - Fatigue
 - Aches
 - Cough
 - Shortness of Breath
 - Sore Throat
 - Runny/Stuffiness Nose
 - Loss of Smell or Taste
 - Chills
- Promote handwashing, using soap and water, and the use of hand sanitizer prior to and after any IYB activity.
- Instruct and encourage families to stay home if they are sick.
- Encourage respiratory etiquette, including covering coughs or sneezes with arm/elbow and try to refrain from touching your face.
- Discourage players from using other's equipment. All players should bring their own basketball to any practice.
- Prohibit players, coaches, and game officials from sharing ANY food and drink.
- Coaches and players will prioritize disinfecting all balls before and after each use, as practical.
- Participants and game officials shall wear masks at all times except when they are on the court.
- Coaches, parents, spectators shall wear masks at all times.
- Refrain from physical contact when not on the court, including handshaking and high fives.
- Practice social distancing (approximately 6 feet from others) even when players are on the bench when possible. Parents and spectators shall maintain social distancing guidelines at all times.
- Coaches shall keep an attendance log to include date, and time in/time out of each player's participation for each event, including games, practices, and tournaments.
- Coaches should include three questions to ask each participant and their parents who are in attendance, prior to the start of each activity:
 - 1.) Are you or anyone in your household suffering from flu-like symptoms (e.g. fever of 100.0°F or greater, fatigue, aches, cough, shortness of breath, sore throat, runny/stuffy nose, chills)? If yes, see Identification of Individuals Exhibiting COVID-19 Symptoms outlined below.
 - 2.) In the past 14 days, have you been exposed to anyone who tested positive for COVID-19 or is in the process of being tested for COVID-19? If yes, participant should stay home/be sent home immediately, parent shall notify coach, and coach will contact the IYB Program Coordinator for further direction.
 - 3.) In the past 14 days, have you traveled outside of the Fairbanks North Star Borough? Travel Regulations as mandated by the State of Alaska mandates will be followed.

Travel Regulations

- Teams traveling will follow all local and state mandates in the communities they are traveling to.
- Participants who travel outside of the Fairbanks North Star Borough for non-IYB related activities are required to inform their Coach prior to returning to IYB activity.
- Participants, who travel outside of Alaska, shall not return to activity for 14 days from the time they return from travel outside of Alaska and shall follow all State of Alaska mandates with regard to Covid-19 testing. Participant and family shall monitor their health and practice social distancing, as outlined above. Check the State of Alaska and CDC website for an updated list of travel precautions and requirements.

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/travel.aspx>

Identification of Individuals Exhibiting COVID-19 Symptoms

To protect participants and others at our activities, IYB will be diligent in promptly identifying individuals potentially infected with COVID-19 as per symptoms described by the State of Alaska Department of Health & Social Services.

- COVID-19 prevention measures and symptoms as described by the State of Alaska Department of Health & Social Services (State of Alaska DHSS) will be discussed with participants and families.
<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/symptoms.aspx>
- All participants will be encouraged to review these symptoms and self-monitor for symptoms of COVID-19, especially if they suspect possible exposure.
- Participants will report to their coach immediately by phone, text, or email (not in person) if they are sick or experiencing symptoms of Covid-19 as described by the State of Alaska DHSS via the web link above. If the participant is unable to contact their coach, they should contact the IYB Program Coordinator.
- Individuals who exhibit COVID-19 symptoms on site will be asked to leave the activity immediately and instructed to seek medical attention.
- If any individual is asked to leave the activity due to suspected Covid-19 symptoms, the coach and participants must complete an incident report form and submit to the IYB Program Coordinator immediately.
- Coach will notify all parents of his/her team to ensure they are monitoring themselves and participants for any symptoms.

In the event a participant in any IYB activity has been confirmed to have COVID-19 or has been in direct contact with an individual who has tested positive for COVID-19, the following steps will be taken:

- All coaches of IYB teams will be notified immediately. Coaches will then reach out and speak with all participants' parents to notify of a confirmed case.
- The infected individual will not be allowed to return to any IYB activity without a note from a medical professional stating they are COVID-19 negative and have been for a minimum of 14 days.
- Coaches and Parents will continue to monitor all participants in close contact with said individual for a 14-day period of time to ensure participant safety.
- Participants who have been confirmed to have COVID-19 will not be identified by name, only that a confirmed case has been identified.
- In the event a participant has been confirmed to have COVID-19, the IYB Executive Committee will discuss the next steps, including the possibility of the cancelation of any games, practices, and tournaments.