



PO Box 74317 * Fairbanks, AK 99707
(907) 457-4492 – Ph * (907) 328-3201 – Fax
iyb@gci.net * www.interioryouthbasketball.com

A 501 (C) (3) TAX EXEMPT ORGANIZATION (92-0101376)

Interior Youth Basketball (IYB) is closely monitoring the COVID-19 situation. This plan will be amended as needed to best reflect new developments within our community and to comply with statewide mandates. This plan applies to everyone participating in IYB activities, including players, coaches, game officials, parents, spectators. IYB is concerned for the health and safety of all participants and family members and will therefore implement the following plan:

Health & Safety – Prevention

- If you suspect anyone to have COVID-19 symptoms, immediately notify your team's coach. Coaches should immediately notify the IYB Program Coordinator.
- <https://dhss.alaska.gov/dph/epi/id/pages/COVID-19/default.aspx>
- Symptoms include:
 - Fever
 - Fatigue
 - Aches
 - Cough
 - Shortness of Breath
 - Sore Throat
 - Runny/Stuffy Nose
 - Loss of Smell or Taste
 - Chills
- Promote handwashing, using soap and water, and the use of hand sanitizer prior to and after any IYB activity.
- Instruct and encourage families to stay home if they are sick.
- Encourage respiratory etiquette, including covering coughs or sneezes with arm/elbow and try to refrain from touching your face.
- Discourage players from using other's equipment. All players should bring their own basketball to any practice if possible.
- Prohibit players, coaches, and game officials from sharing ANY food and drink.
- Participants and game officials shall wear masks while on the court, if required, per each facility's mandate.
- Coaches, parents, spectators shall wear masks at all times.
- Refrain from physical contact when not on the court, including handshaking and high fives.
- Parents, players, and spectators shall practice social distancing (approximately 6 feet from others) if required.

Travel Regulations

- All participants traveling will follow all local and state mandates in the communities they are traveling to.
- Participants, who travel outside of Alaska, shall follow all State of Alaska mandates with regard to Covid-19 testing. Check the State of Alaska and CDC website for an updated list of travel precautions and requirements.
<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>
<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/travel.aspx>

Identification of Individuals Exhibiting COVID-19 Symptoms

To protect participants and others at our activities, IYB will be diligent in promptly identifying individuals potentially infected with COVID-19 as per symptoms described by the State of Alaska Department of Health & Social Services.

- COVID-19 prevention measures and symptoms as described by the State of Alaska Department of Health & Social Services (State of Alaska DHSS) will be discussed with participants and families.
<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/symptoms.aspx>
- All participants will be encouraged to review these symptoms and self-monitor for symptoms of COVID-19, especially if they suspect possible exposure.

- Participants will report to their coach immediately by phone, text, or email (not in person) if they are sick or experiencing symptoms of Covid-19 as described by the State of Alaska DHSS via the web link above. If the participant is unable to contact their coach, they should contact the IYB Program Coordinator.
- Individuals who exhibit COVID-19 symptoms on site will be asked to leave the activity immediately and instructed to seek medical attention.
- Coach will notify all parents of his/her team to ensure they are monitoring themselves and participants for any symptoms.

In the event a participant in any IYB activity has been confirmed to have COVID-19 or has been in direct/close contact (as defined by CDC guidelines <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact> with an individual who has tested positive for COVID-19, the following steps will be taken:

- Participant's coach(es) will then reach out and speak with all participants' parents to notify of a confirmed case or a direct exposure to a confirmed case.
- The infected individual will not be allowed to return to any IYB activity without a note from a medical professional stating they are COVID-19 negative.
- Parents will continue to monitor their participant(s) in direct/close contact with said individual as per CDC guidelines.
- Exposed individuals will quarantine as recommended by CDC guidelines. <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>
- Participants who have been confirmed to have COVID-19 will not be identified by name, only that a confirmed case has been identified.
- In the event a participant has been confirmed to have COVID-19, the IYB Executive Committee may discuss the next steps, including the possibility of the cancelation of any games, practices, and tournaments.